



**CALVARY  
LIFE**  
Counseling Center

# INTAKE FORM FOR COUPLES

Today's Date: \_\_\_\_\_

**Confidential History** (If more space is needed, please use back of page)

Referred by: \_\_\_\_\_

Husband Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Wife Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Present Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Home Phone: \_\_\_\_\_ His Cell Phone: \_\_\_\_\_

Her Cell Phone: \_\_\_\_\_

Church you attend: \_\_\_\_\_

In case of an emergency contact: \_\_\_\_\_ Phone: \_\_\_\_\_

**Marital Status:** (Check all that apply.)

Married, if so how long? \_\_\_\_\_ Are there current marital problems?  Yes  No Comments: \_\_\_\_\_

Living Together, if so how long? \_\_\_\_\_

Separated, if so how long have you been separated? \_\_\_\_\_

Divorced, if so how long were you married? \_\_\_\_\_ How long ago did you divorce? \_\_\_\_\_

**Children:**

Name: \_\_\_\_\_ Sex:  M  F Age: \_\_\_\_\_ Living with you? \_\_\_\_\_

Name: \_\_\_\_\_ Sex:  M  F Age: \_\_\_\_\_ Living with you? \_\_\_\_\_

Name: \_\_\_\_\_ Sex:  M  F Age: \_\_\_\_\_ Living with yo \_\_\_\_\_

**Please fill in the best appointment time and day to meet with a counselor.**

**Best day of the week:** \_\_\_\_\_

**Best time of day:** \_\_\_\_\_ AM \_\_\_\_\_ PM

With whom were you raised? \_\_\_\_\_

Marital Status of Parents: (Check all that apply.)  Married (Years Married): \_\_\_\_\_  Never Married  
 Separated (Years Married): \_\_\_\_\_  Living Together  Divorced

**Siblings:**

Name: \_\_\_\_\_ Sex:  M  F Age: \_\_\_\_\_

Name: \_\_\_\_\_ Sex:  M  F Age: \_\_\_\_\_

Name: \_\_\_\_\_ Sex:  M  F Age: \_\_\_\_\_

Employer: \_\_\_\_\_ Work Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Occupation: \_\_\_\_\_ Other Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Satisfied with your occupation?  Yes  No Education Level: \_\_\_\_\_

What are your main concerns/reasons for seeking counseling? \_\_\_\_\_

When did these symptoms begin? \_\_\_\_\_

How serious does this problem feel to you? 1 2 3 4 5  
Mildly Upsetting ←————→ Extremely Serious

Did a specific event lead to this session?  Yes  No Comments: \_\_\_\_\_

**Please circle the items that cause you the most trouble in your life:**

- |                 |                   |                        |                    |
|-----------------|-------------------|------------------------|--------------------|
| Abuse           | Friends           | Lack of fairness       | Rudeness           |
| Addictions      | Giving up         | Lack of goals          | Sadness            |
| Anger           | Gossip            | Lack of perceptiveness | Self-gratification |
| Anxiety         | Greed             | Lack of wisdom         | Selfishness        |
| Apathy          | Guilt             | Laziness               | Sex                |
| Callousness     | Harshness         | Loneliness             | Spouse             |
| Carelessness    | Headaches         | Lustful thoughts       | Stinginess         |
| Compulsiveness  | Health            | Lying                  | Stress             |
| Covetousness    | Hypocrisy         | Manipulation           | Tardiness          |
| Cowardice       | Immorality        | Memory                 | Thought process    |
| Daydreaming     | Impulsiveness     | Mood swings            | Unapproachability  |
| Deception       | Inadequacy        | Obsessive thoughts     | Underachievement   |
| Denial          | Incompleteness    | Panic                  | Unfaithfulness     |
| Disorganization | Inconsistency     | Poor concentration     | Ungratefulness     |
| Disrespect      | Indecisiveness    | Poor decisions         | Unreasonableness   |
| Dominance       | Indifference      | Prejudice              | Unresponsiveness   |
| Doubts          | Inferiority       | Pride                  | Wastefulness       |
| Envy            | Insecurity        | Procrastination        | Withdrawal         |
| Extravagance    | Insignificance    | Rebellion              | Worry              |
| Family members  | Irresponsibility  | Rejection              |                    |
| Fantasizing     | Jealousy          | Resistance             |                    |
| Fear            | Lack of awareness | Restlessness           |                    |

**Psychological History:**

Is there a family history of treatment for psychological/psychiatric conditions?  Yes  No

Comments: \_\_\_\_\_

Have you had previous counseling?  Yes  No

With whom and when: \_\_\_\_\_

Have you ever felt suicidal?  Yes  No

Do you feel that way now?  Yes  No

Comments: \_\_\_\_\_

Do you drink alcohol?  Yes  No What type: \_\_\_\_\_ Frequency: \_\_\_\_\_

Do you use tobacco?  Yes  No What type: \_\_\_\_\_ Frequency: \_\_\_\_\_

Do you use other drugs?  Yes  No What type: \_\_\_\_\_ Frequency: \_\_\_\_\_

Have you been a victim of physical or sexual abuse/assault or incest?  Yes  No Comments: \_\_\_\_\_

Do you have addictions? If so, please mark all that apply:  Drugs  Alcohol  Pornography  Gambling

Other \_\_\_\_\_

**Please list all family members, including yourself, who suffer from the following problems:**

- |                      |  |                             |  |
|----------------------|--|-----------------------------|--|
| Abortion             | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member | Head Injury                 | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member |
| ADD or ADHD          | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member | Homosexuality               | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member |
| Addictions           | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member | Incest                      | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member |
| Alcoholism           | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member | Manic/Depression            | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member |
| Anxiety              | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member | Memory problems             | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member |
| Appetite disturbance | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member | Mood swings                 | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member |
| Child Abuse          | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member | Psychiatric hospitalization | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member |
| Depression           | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member | Schizophrenia               | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member |
| Delusions            | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member | Seizures                    | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member |
| Drug abuse           | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member | Sleep disturbance           | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member |
| Eating problems      | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member | Speech problems             | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member |
| Grief issues         | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member | Suicidal behavior           | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member |
| Hallucinations       | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member | Suicidal thoughts           | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member |

**Spiritual History:**

Describe your relationship with God. \_\_\_\_\_

How do you know that you are saved? \_\_\_\_\_

How would you explain to another person how to become a Christian? \_\_\_\_\_

What religions have you explored? \_\_\_\_\_

Have you ever been involved in the occult such as witchcraft or psychic readings? \_\_\_\_\_

**Health History:**

Please list any major medical conditions in your family: \_\_\_\_\_

Any additional medical conditions or health issues: \_\_\_\_\_

Current Physician: \_\_\_\_\_ Phone #: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Date of Most Recent Visit: \_\_\_\_\_ Reason: \_\_\_\_\_

When was your last physical? \_\_\_\_\_

Medications You Take:  I do not take prescription medication at this time.

Medication: \_\_\_\_\_ For What Condition: \_\_\_\_\_

Medication: \_\_\_\_\_ For What Condition: \_\_\_\_\_

Medication: \_\_\_\_\_ For What Condition: \_\_\_\_\_

Medication: \_\_\_\_\_ For What Condition: \_\_\_\_\_

Is there any other significant information the form did not ask that you would like to add?

\_\_\_\_\_

\_\_\_\_\_

With whom were you raised? \_\_\_\_\_

Marital Status of Parents: (Check all that apply.)

- Married (Years Married): \_\_\_\_\_
- Separated (Years Married): \_\_\_\_\_
- Never Married     Living Together     Divorced

**Siblings:**

Name: \_\_\_\_\_ Sex:  M  F Age: \_\_\_\_\_

Name: \_\_\_\_\_ Sex:  M  F Age: \_\_\_\_\_

Name: \_\_\_\_\_ Sex:  M  F Age: \_\_\_\_\_

Employer: \_\_\_\_\_ Work Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Occupation: \_\_\_\_\_ Other Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Satisfied with your occupation?  Yes  No      Education Level: \_\_\_\_\_

What are your main concerns/reasons for seeking counseling? \_\_\_\_\_

When did these symptoms begin? \_\_\_\_\_

How serious does this problem feel to you?    1    2    3    4    5

Mildly Upsetting    ←————→    Extremely Serious

Did a specific event lead to this session?  Yes  No    Comments: \_\_\_\_\_

**Please circle the items that cause you the most trouble in your life:**

- |                 |                   |                        |                    |
|-----------------|-------------------|------------------------|--------------------|
| Abuse           | Friends           | Lack of fairness       | Rudeness           |
| Addictions      | Giving up         | Lack of goals          | Sadness            |
| Anger           | Gossip            | Lack of perceptiveness | Self-gratification |
| Anxiety         | Greed             | Lack of wisdom         | Selfishness        |
| Apathy          | Guilt             | Laziness               | Sex                |
| Callousness     | Harshness         | Loneliness             | Spouse             |
| Carelessness    | Headaches         | Lustful thoughts       | Stinginess         |
| Compulsiveness  | Health            | Lying                  | Stress             |
| Covetousness    | Hypocrisy         | Manipulation           | Tardiness          |
| Cowardice       | Immorality        | Memory                 | Thought process    |
| Daydreaming     | Impulsiveness     | Mood swings            | Unapproachability  |
| Deception       | Inadequacy        | Obsessive thoughts     | Underachievement   |
| Denial          | Incompleteness    | Panic                  | Unfaithfulness     |
| Disorganization | Inconsistency     | Poor concentration     | Ungratefulness     |
| Disrespect      | Indecisiveness    | Poor decisions         | Unreasonableness   |
| Dominance       | Indifference      | Prejudice              | Unresponsiveness   |
| Doubts          | Inferiority       | Pride                  | Wastefulness       |
| Envy            | Insecurity        | Procrastination        | Withdrawal         |
| Extravagance    | Insignificance    | Rebellion              | Worry              |
| Family members  | Irresponsibility  | Rejection              |                    |
| Fantasizing     | Jealousy          | Resistance             |                    |
| Fear            | Lack of awareness | Restlessness           |                    |

**Psychological History:**

Is there a family history of treatment for psychological/psychiatric conditions?  Yes  No

Comments: \_\_\_\_\_

Have you had previous counseling?  Yes  No

With whom and when: \_\_\_\_\_

Have you ever felt suicidal?  Yes  No

Do you feel that way now?  Yes  No

Comments: \_\_\_\_\_

Do you drink alcohol?  Yes  No What type: \_\_\_\_\_ Frequency: \_\_\_\_\_

Do you use tobacco?  Yes  No What type: \_\_\_\_\_ Frequency: \_\_\_\_\_

Do you use other drugs?  Yes  No What type: \_\_\_\_\_ Frequency: \_\_\_\_\_

Have you been a victim of physical or sexual abuse/assault or incest?  Yes  No Comments: \_\_\_\_\_

Do you have addictions? If so, please mark all that apply:  Drugs  Alcohol  Pornography  Gambling

Other \_\_\_\_\_

**Please list all family members, including yourself, who suffer from the following problems:**

- |                      |  |                             |  |
|----------------------|--|-----------------------------|--|
| Abortion             | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member | Head Injury                 | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member |
| ADD or ADHD          | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member | Homosexuality               | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member |
| Addictions           | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member | Incest                      | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member |
| Alcoholism           | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member | Manic/Depression            | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member |
| Anxiety              | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member | Memory problems             | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member |
| Appetite disturbance | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member | Mood swings                 | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member |
| Child Abuse          | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member | Psychiatric hospitalization | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member |
| Depression           | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member | Schizophrenia               | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member |
| Delusions            | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member | Seizures                    | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member |
| Drug abuse           | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member | Sleep disturbance           | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member |
| Eating problems      | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member | Speech problems             | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member |
| Grief issues         | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member | Suicidal behavior           | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member |
| Hallucinations       | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member | Suicidal thoughts           | <input type="checkbox"/> Yourself <input type="checkbox"/> Family Member |

**Spiritual History:**

Describe your relationship with God. \_\_\_\_\_

How do you know that you are saved? \_\_\_\_\_

How would you explain to another person how to become a Christian? \_\_\_\_\_

What religions have you explored? \_\_\_\_\_

Have you ever been involved in the occult such as witchcraft or psychic readings? \_\_\_\_\_

**Health History:**

Please list any major medical conditions in your family: \_\_\_\_\_

Any additional medical conditions or health issues: \_\_\_\_\_

Current Physician: \_\_\_\_\_ Phone #: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Date of Most Recent Visit: \_\_\_\_\_ Reason: \_\_\_\_\_

When was your last physical? \_\_\_\_\_

Medications You Take:  I do not take prescription medication at this time.

Medication: \_\_\_\_\_ For What Condition: \_\_\_\_\_

Medication: \_\_\_\_\_ For What Condition: \_\_\_\_\_

Medication: \_\_\_\_\_ For What Condition: \_\_\_\_\_

Medication: \_\_\_\_\_ For What Condition: \_\_\_\_\_

Is there any other significant information the form did not ask that you would like to add?

\_\_\_\_\_

\_\_\_\_\_

**COUNSELING PROGRAM:**

The Counseling Program at Calvary Church is a biblically based ministry offered by lay counselors at no cost. Appropriate candidates are offered 10 sessions with a lay counselor. If we cannot meet your needs, referrals are available. All lay counselors are required to be in group supervision directed by the Pastor of Lay Counseling, Jim McCarty, and will also be reviewed by Robyn Bettenhausen Geis, PsyD.

**WAIVER OF LIABILITY:**

Having sought lay counseling through Calvary Church, a non-profit Christian organization, you hereby acknowledge your understanding of the following:

1. All counseling will be provided by lay counselor volunteers. Lay counselors shall be under the supervision of a licensed professional as well as the Pastor of Lay Counseling.
2. All counseling services provided in the counseling program are provided in accordance with biblical principles as determined by Calvary Church.
3. Your confidentiality shall be protected with the following exceptions. In certain situations the counselor is mandated by law to take actions to protect the client or others from harm, and he/she may be required to reveal limited pertinent information. Those situations include: child abuse, viewing child pornography, danger to self, threat of violence to others, adult violence witnessed by a minor, and elder/dependent adult abuse.
4. Email and all telephone communication, including texting, is for the express purpose of scheduling appointments **Only**. Calvary Church cannot guarantee confidentiality via electronic communication of any kind.
5. At times, if it is in the counselee's best interest, Calvary Church Lay Counseling will refer the counselee to an appropriate care giver.
6. Your information will be discussed confidentially and anonymously by the Lay Counseling Ministry only during counselor supervision.
7. Please notify your counselor 24 hours in advance if you cannot make your appointment. Failure to do so may result in the termination of counseling.
8. Please contact Jim McCarty, the lay counseling pastor, at 714-550-2352, if your Calvary Church counseling experience is unsatisfactory in any way. However, Calvary Church, the lay counselors, and supervisors are all released from any liability as pertains to that experience.

**By signing below I affirm that I have read and agree to the above conditions.**

\_\_\_\_\_

Counselee (Husband)

\_\_\_\_\_

Date

\_\_\_\_\_

Counselee (Wife)

\_\_\_\_\_

Date





CALVARY  
**LIFE**  
Counseling Center

## INTAKE SUMMARY

OFFICE USE ONLY

Please fill in the best appointment time and day to meet with a counselor

Best day of the week: \_\_\_\_\_  
Best time of day: \_\_\_\_\_ AM \_\_\_\_\_ PM

Name of Clients: \_\_\_\_\_ Intake Interview Date: \_\_\_\_\_

SIGNIFICANT ISSUES AND THEMES
POSSIBLE APPROACHES
GOD VIEW

\_\_\_\_\_  
Counselor Signature